

TEANECK SCHOOL DISTRICT  
PHYSICIAN'S ORDERS FOR ALLERGY EMERGENCY TREATMENT

Student's Name \_\_\_\_\_ Birth Date \_\_\_\_\_ Grade/Teacher \_\_\_\_\_

The above student is allergic to: \_\_\_\_\_

- Ingestion
- Contact
- Inhalation

Previous episode of anaphylaxis  Yes  No  
 Asthmatic  Yes  No

**MEDICATIONS**

**ANTIHISTAMINE:** Medication \_\_\_\_\_ Dose \_\_\_\_\_

**Give antihistamine for the following checked symptoms:**

- Contact with allergen, with or without symptoms
- Skin – hives, itchy rash, extremity swelling
- Lips – itching, tingling, burning, or swelling of lips
- Other \_\_\_\_\_

**EPINEPHRINE:** Medication \_\_\_\_\_ Dose \_\_\_\_\_

**Give epinephrine for the following checked symptoms:**

- Contact with allergen, with or without symptoms
- Skin – hives, itchy rash, extremity swelling
- Lips – itching, tingling, burning, or swelling of lips
- Head/neck – swelling of tongue, mouth, or throat, hoarseness, hacking cough, tightening of throat
- Gut – abdominal cramps, nausea, vomiting, diarrhea
- Lungs – repetitive cough, wheezing, shortness of breath
- Heart – thready pulse, low blood pressure, fainting, pale or bluish skin
- Other \_\_\_\_\_

**AFTER GIVING EPINEPHRINE, 911 AND THE PARENT/GUARDIAN WILL BE CALLED.**

OTHER INSTRUCTIONS \_\_\_\_\_

Note: NJ State Law ( P.L.2007, CHAPTER 57) requires every student with an EpiPen order to have a delegate assigned to him/her unless the HCP and/or parent/guardian feel(s) that it is not indicated. Please indicate your preference:

- Delegate required
- Delegate **NOT** required

**\*\*\*PLEASE NOTE: DELEGATES ARE NOT PERMITTED TO ADMINISTER AN ANTIHISTAMINE.\*\*\***

If the nurse is not available, do you want the antihistamine order to be omitted and have the delegate administer epinephrine as indicated above?  YES  NO

This student has been trained and is authorized to self-administer and carry the following medication(s).

- epinephrine – single dose unit
- antihistamine – single dose unit

This student is not authorized to self-administer the medication(s) named above.

Physician's Signature \_\_\_\_\_ Phone # \_\_\_\_\_

Date \_\_\_\_\_

Physician's Stamp \_\_\_\_\_

**Parents / Guardian:**

This permission is for emergency treatment of an allergic reaction for one school year only. Should permission be necessary in future school years, a new form will need to be submitted.

A current single dose Epinephrine auto-injector must be provided to the school for your child's use. Antihistamines and Epinephrine must be brought to school by an adult and be provided in the original container.

**Please select #1 or #2 and then sign and date:**

1. I verify that my child \_\_\_\_\_ has a potentially life threatening illness and has been instructed in self-administration of the prescribed medication in a life threatening situation. I hereby give permission for my child to self-administer the prescribed medication. I further acknowledge that the Teaneck School District shall incur no liability as a result of any injury arising from the self-administration of medication by my child. If procedures specified by NJ Law and Teaneck School District policy are followed, I shall indemnify and hold harmless the Teaneck School District and its employees or agents against any claims arising out of self administration of medication by my child.

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date

2. I verify that my child \_\_\_\_\_ has a potentially life threatening illness and is unable to self-administer the prescribed medication in a life threatening situation. I hereby request the school nurse or delegate (if applicable) to administer the prescribed medication to my child. I further acknowledge that the Teaneck School District shall incur no liability as a result of any injury arising from administration of the medication to my child. If procedures specified by NJ Law and Teaneck School District Policy are followed, I shall indemnify and hold harmless the Teaneck School District and its employees or agents against any claims arising out of administration of medication to my child.

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date

**Please Sign:**

I understand that under NJ Law, a trained delegate will be assigned to administer Epinephrine to my child in the absence of a school nurse. Antihistamines may not be given by a delegate. In the absence of a school nurse, an antihistamine order will be disregarded and Epinephrine will be administered by a trained delegate.

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date